

Timeless Africa

EXPERIENCE AFRICA WITH TEACH WITH AFRICA DETAILED ITINERARY JULY 29 – AUGUST 11, 2012

29 July 2012 (L*, O, D)

Upon arrival at O.R. Tambo International Airport in Johannesburg you will be met and presented with your travel documents before being assisted to the check-in desk for the Federal Air scheduled charter transfer to Singita Private Game Reserve in the Sabi Sand. At the Singita airstrip you will be met by your private ranger and tracker and transferred by road to Singita Castleton, where you will spend three nights in a luxury cottage on an all-inclusive basis. After introductions and orientation over lunch you will have some time to relax and settle in. This afternoon, enjoy afternoon tea followed by your first game drive in one of South Africa's top private game reserves.

- AIR TRANSFERS:
 - *Federal Air*: Johannesburg – Singita
- GROUND TRANSFERS:
 - Singita Airstrip – Singita Castleton
- *AM*: En-route to Singita
- *PM*: First game drive at Singita

Singita Private Game Reserve is an exclusive 45,000-acre private sanctuary adjoining the renowned Kruger National Park. The private bush retreat of Singita's owners, Castleton Camp is the reserve's best-kept secret. Set on classic rolling savannah in the heart of the reserve, the classic stone-walled lodge with its extensive verandas overlooks a waterhole teeming with wildlife. Eccentric artifacts and fascinating memorabilia collected over generations create an ambiance of understated luxury. There are only 6 air-conditioned en-suite cottages, appointed with timeless luxury in a modern interpretation of colonial style with views of the surrounding wilderness. In addition to expansive lounge and dining areas and an open bar, the main lodge has a library with Internet and fax facilities, and satellite TV. There is also a reed-enclosed boma for outdoor dining under the stars, a beautiful library, a swimming pool, a tennis court, a trampoline, and a games room including a pool table, as well as full access to the gym, spa facilities, and shop at Singita Ebony and Singita Boulders. Guests at Castleton enjoy the services of a private chef and private safari vehicle, enabling maximal flexibility in planning their stay. Personalized wine tastings can be done in one of the most extensive wine cellars in Southern Africa, and delicious cuisine combining the best of local and international styles and fresh locally sourced South African ingredients is a specialty. Game drives are conducted by some of South Africa's top professional rangers and Shangaan trackers in open 4x4 vehicles which allow for total freedom of movement both on and off-road, and take place from dawn to breakfast and again from mid-afternoon to dinner time which includes a night drive with a spotlight for the nocturnal animals.

* Meals included: B = breakfast, L = lunch, D = dinner, O = other (see itinerary)

In addition to the intimate big cat sightings for which Singita is renowned, you can expect to see the other members of the Big Five (elephant, buffalo, and rhino) as well as an abundance of general game and vibrant bird life. Additional activity options include guided bush walks, mountain biking, archery, and community tours.

30 – 31 July 2012 (B, L, O, D)

Enjoy exploring the bush on twice-daily game drives at Singita. Other activity options include guided bush walks, mountain biking, and archery. During the midday break between safaris (day TBC), you will visit Teach With Africa's rural project site and meet the Fellows** and their community partners. If scheduling permits the Fellows will join you one night for dinner at Castleton where you will have the opportunity to learn more about the challenges and accomplishments of the rural pilot program.

- *AM/PM:* Morning and evening game activities at Singita

1 August 2012 (B, O)

Following your final morning game drive, enjoy a last delicious brunch at Singita Castleton before being transferred by road to Kruger Mpumalanga International Airport in Nelspruit, where you will board your scheduled flight to Cape Town International Airport. Upon arrival in Cape Town you will be met and transferred to the Cape Heritage Hotel, where you will spend 8 nights in a luxury room on a bed and breakfast basis. The afternoon is at leisure for you to partake in optional activities, relax at the hotel, or explore the shops, restaurants, and museums of the vibrant Heritage Square neighborhood. This evening, enjoy a warm Capetonian welcome at a reception with John Gilmour, LEAP faculty, students, and community partners, and this year's Teach With Africa Fellows. Dinner is at leisure for you to explore Cape Town's renowned restaurants.

- **FLIGHTS:**
 - *SAA:* Nelspruit – Cape Town (flight number and time TBC)
- **GROUND TRANSFERS:**
 - Singita Castleton – Singita Airstrip
 - Cape Town International Airport – More Quarters
- *AM:* Singita
- *PM:* At leisure
- *Dinner:* Welcome reception with the LEAP community (venue TBC)

Originally built in the 1780s, the Cape Heritage Hotel is situated in vibrant Heritage Square at the heart of Cape Town. Historic yet contemporary, intimate yet lively, and stylish yet cozy, the Cape Heritage offers a wealth of modern comforts while retaining age-old charm and character and adding a contemporary twist. There are only 15 individually decorated bedrooms in the immaculately restored buildings, stylishly appointed and featuring original art by established local names and exciting new discoveries. All beds are extra length with individually sprung mattresses and a selection of pillows. Every room is temperature controlled and contains a mini bar, satellite TV, international power points and free wireless Internet access. Modern meets master-crafted in rooms that feature high-beamed teak ceilings and carefully preserved bespoke details, including indigenous Cape yellowwood floorboards cut by hand and painstakingly laid down over 200 years ago. Spacious bathrooms are uniquely designed and decorated to compliment the hotel's blend of historic and contemporary influences. Throughout the hotel, sash windows reach up to high-beamed teak ceilings, and original plasterwork showcases the remarkable workmanship. Walls are adorned with a mix of historical photographs and engravings

** If the program takes place during the Fellowship period

and contemporary pieces created by local artists, and Heath Nash's lighting makes striking use of recycled materials. A sumptuous South African breakfast is served in the breakfast room; guests can also opt to dine al fresco under South Africa's oldest living grapevine in the Western Cape, or next to the fireplace in the lounge. A rooftop Jacuzzi deck is an ideal place to relax after a day out in Cape Town. The vibrant neighborhood of Heritage Square is home to shops featuring local artists and six restaurants including one of Cape Town's top restaurants, Savoy Cabbage. Room service includes menus from four of the restaurants in Heritage Square, and picnic baskets can also be provided on request.

2 August 2012 (B)

Following breakfast, you will be met by your guide for a morning spent exploring Cape Town, including Table Mountain, the historic Cape Malay neighborhood of Bo-Kaap, and the District Six Museum. The afternoon and evening are at leisure for personal exploration or optional activities, such as a helicopter flight over Table Mountain, exploring San Bushman rock art, diving with great white sharks, or a Cape Malay cooking class.

- *AM:* Explore Cape Town (Table Mountain, Bo-Kaap, Company Gardens, Cape Castle, and District Six Museum – entrance fees for Table Mountain and District Six are included). NB some activities are weather dependent and the order of the activities may be altered to accommodate weather conditions.
- *PM:* At leisure

Depart the city for the Lower Cableway Station to board the revolving cable car for a 5-minute ride to the top of Table Mountain. 1036 meters above sea level, it affords bird's-eye views of both city and Peninsula as you walk its summit (weather permitting). Return to the city via Bo-Kaap, the historic Cape Malay Quarter, for a walk through the Company Gardens. A vital source of fresh produce gardens for ships and locals from the mid 17th Century, the gardens are now home to the SA Museum, Cultural History Museum, Houses of Parliament, National Gallery and St George's Cathedral. From here you will drive to the Cape Castle – the oldest building in South Africa – with its formidable collection of Old Cape paintings, and take in the Grand Parade where Nelson Mandela addressed the nation on his release in 1990. You will end the morning at the District Six Museum, where you will view a moving collection of stories, pictures and memorabilia highlighting the colorful life of this suburb which now stands empty following the forced removal of residents and the destruction of their homes during the height of the Apartheid era.

3 August 2012 (B, L)

Following breakfast, you will be met by the LEAP van for a visit to LEAP and some of the LEAP community partner sites. After enjoying lunch with the students at LEAP, there will be a brief volunteer placement orientation followed by meetings with your volunteer placement mentors to prepare for your volunteer placement.

- *AM:* LEAP School and community partner visits
- *Lunch:* With students at LEAP
- *PM:* Volunteer placement orientation and mentorship meetings

4 August 2011 (B)

The morning is at leisure to explore the city or enjoy optional activities. This afternoon, your guide will meet you at the Cape Heritage Hotel and transfer you to the Victoria & Alfred Waterfront, where you will board the ferry for Robben Island. Following a historic tour of the island, spend as long as you like exploring this World Heritage site before returning to the Waterfront and enjoying an evening at leisure in this dynamic area.

- *AM*: At leisure
- *PM*: Visit to Robben Island

Depart from Cape Town's Victoria & Alfred Waterfront by ferry for a 25-minute trip across Table Bay to Robben Island. This World Heritage Site – South Africa's most revered national monument – was a prison for some 450 years, housing convicts, slaves, exiled Eastern princes, lepers, the insane, and political prisoners punished for resisting oppressive rule. Among its more famous inmates were 19th century tribal chief Makana, who lost his life attempting to escape by boat across the Bay, and South Africa's first democratically elected president, Nelson Mandela. Mandela spent two decades of his life on the island, along with some 3,000 other political detainees, many who were icons of the resistance and became leaders of the new South Africa. This tour is led by experienced island guides (some of whom were once inmates) and includes a visit to the Prison Block and the infamous Limestone Quarry, as well as a drive around the island with its breathtaking views of the city and Table Mountain.

5 August 2012 (B, L, O)

Following breakfast, you will be met by your guide for a full day spent discovering the Cape Peninsula, followed by a scrumptious afternoon tea at the Mount Nelson Hotel – a grand Capetonian tradition.

- *AM/PM*: Discover the Cape Peninsula, followed by tea at the Mount Nelson Hotel

Depart the city along the Atlantic Seaboard past the coastal suburbs of Sea Point, Bantry Bay and Clifton, stopping to enjoy the view of Table Mountain's towering Twelve Apostles. Continue on past Bakoven and Llandudno, marked by ghostly shipwrecks, to the fishing village of Hout Bay, where you will board a boat to view the Cape fur seal colony on Duiker Island (weather permitting). After returning to dry land, you will navigate the 114 curves of the 600m heights of Chapman's Peak Drive, one of the world's most spectacular passes, past the Cape's longest beach near Noordhoek and the coastal hamlets of Kommetjie and Scarborough – with a chance of seeing Southern Right Whales just offshore from June to November! Explore the rocky coastline and unique Cape fynbos vegetation, home to birds like African Black Oystercatchers and Cape Sugarbirds and view other endemic fauna like Cape Mountain zebra, bontebok and Cape baboons as you enter the Cape of Good Hope National Park. Climb (or ride the world's first environmentally friendly funicular) to the famous Cape Point Lighthouse and experience the magical vistas of False Bay. Complete your visit to Cape Point with a stop at the south westernmost point of Africa, the fabled Cape of Good Hope. After lunch at a coastal restaurant, head back up the peninsula to Boulders Beach for a close-up encounter with a colony of adorable African penguins, then head home through the naval village of Simonstown and over Boyes Drive, taking in views of the fishing harbor at Kalk Bay and the seaside havens of St James and Muizenberg. End the day with an indulgent afternoon tea at the Mount Nelson Hotel in true Capetonian style – after this experience you probably won't need dinner!

6 August – 8 August 2012 (B, L)

Following breakfast, you will collect your picnic lunch prior to being met by the LEAP van which will take you to your volunteer placement, where you will have the opportunity to experience the power of Teach With Africa's capacity-building partnerships firsthand. During the evenings there will be the opportunity to share your experiences and debrief before preparing for the next exciting day. On the final evening, join John, the LEAP community, and this year's Teach With Africa Fellows for a farewell *braai*.

- *AM/PM*: Volunteer placement

9 August 2012 (B)

Following a final scrumptious breakfast at the Cape Heritage Hotel, you will depart for a leisurely day of wine tasting at some of South Africa's top wineries on your way to Franschhoek in the heart of the Cape Winelands (exact itinerary to be determined by the interests of the group).

- GROUND TRANSFERS:
 - Cape Heritage – Le Quartier Français (via the Winelands)
- AM/PM:
 - Wine and food tasting

Depart the city and head south along the peninsula towards Constantia, home to South Africa's oldest wine estates. The historic valley, with vineyards clinging to the eastern slopes of the Constantiaberg Mountains, is home to 17th Century Dutch governor Simon van der Stel's wine farm, whose legendary dessert wines graced the tables of the European monarchy in the 18th century. There are now seven cellars in this premier ward, which continue the tradition of producing wines from classic European noble varieties. The area is celebrated for its Sauvignon Blancs, Semillons and Chardonnays from the Steenberg, Constantia Uitsig and Buitenverwachting estates. Wonderful Merlots, Cabernet, Shiraz and red blends in classic Bordeaux styles are also made at Groot Constantia, Klein Constantia and High Constantia, but the area's famed signature wine is still the exquisite Vin de Constance from Klein Constantia – a particular favorite of Napoleon Bonaparte. We will then head to the heart of the Cape Winelands in the nearby Boland Mountains for a leisurely exploration of the historic towns, their liquid delights and famed hospitality. The Cape Winelands are some of the most beautiful in the world, with a heritage that lives on in beautifully preserved historic estates, boasting distinctive Cape Dutch-style architecture and a rich 400-year old winemaking tradition that has produced some of the world's most classic and celebrated wines and some of the newest and most exciting. Meet winemakers at some of South Africa's premier estates and learn first-hand about the colorful history and traditions – and cutting-edge innovations – of this vibrant industry, and savor wonderful wines that showcase the Cape's unique *terroirs* in a myriad of styles, from classic Old World favorites to bold fruit-driven New World styles. Lunch (and Cape Wines of course!) will be enjoyed at one of the many superb restaurants in the Winelands. Olive oil, cheese, and other gourmet delights are cultivated (and tasted) alongside the fruits of the vine. **Note:** Specific requests for wine estate visits and tastings are subject to confirmation at time of booking; lunch is to your own account.

In the late afternoon you will arrive at Le Quartier Français in Franschhoek, where you will spend two nights in a luxury Auberge Room on a bed and breakfast basis. The evening is at leisure to explore the historic village and its renowned restaurants.

Nestled in the historic French Huguenot village of Franschhoek in the heart of the Cape Winelands, Le Quartier Français is a member of Relais and Chateaux. There are only 13 spacious rooms and 8 luxurious suites set within fragrant gardens, combining historic architecture and spectacular views of the mountains with luxurious modern Afro-chic interiors. Each individually decorated room features a spacious sitting area, wood-burning fireplace, en-suite bathroom with both walk-in shower and bath, flatscreen TV and DVD player, and complimentary wi-fi. A complimentary refreshment tray welcomes all guests on arrival; suites include a full complimentary bar with pre-dinner snacks. A private library overlooks a central garden courtyard with a sparkling swimming pool, and a wide range of DVDs and CDs can be borrowed from the media library on a complimentary basis. A delicious gourmet breakfast is served in The Common Room. Known as Franschhoek's local grazing ground, The Common Room is a relaxed, café-style restaurant flowing from the street-side terrace through a spacious interior decorated in a chic

yet delightfully unbuttoned way to an outdoor fireplace in the garden. The clean, uncomplicated food focuses on using the best of local ingredients teamed with a winelist that extends from award winning wines to trendy local creations. With a swathe of culinary awards including featuring in the San Pellegrino World's 50 Best Restaurants – selected by the world's most celebrated chefs, renowned food critics, leading restaurateurs, and well-travelled gourmands – for the last 5 consecutive years, The Tasting Room defines Le Quartier's passion for fine dining, offering five or nine-course dinners featuring exquisitely presented culinary delights and matching wines from a constantly evolving menu created by award-winning chef Margo Janse. Sister restaurant Bread and Wine is located on the Moreson Wine Farm, where chef Neil Jewell surprises guests with his artisanal farm-cured charcuterie and modern country fare, accompanied by the estate's superb wines. Le Quartier provides free transfers within Franschhoek to enable you to enjoy the region's fine food and wine to their fullest. If you'd prefer to spend a day closer to home, enjoy a film in the Screening Room, an intimate 24-seat private cinema with state of the art audio-visual equipment; indulge at the Treatment Room, an intimate Decleor Paris spa; or browse Le Quartier's eclectic art gallery cum boutique, Is Art. Those who enjoy cooking as much as dining may wish to time their visit to coincide with the cooking classes offered by Margot Janse and Neil Jewell, or to indulge in one of the exclusive culinary experiences masterminded by Le Quartier's culinary concierge and go behind the scenes at Le Quartier and some of the region's top wineries.

10 August 2012 (B, D)

Following a delicious gourmet breakfast in The Common Room, we will go behind the scenes with Le Quartier's community engagement program, beginning with visits to Mrs. Ndaba's crèche in the township of Langrug and the Kusasa Project and ending with a meeting with members of Le Quartier's pioneering career development program for local young people over coffee and snacks in The Common Room [NB this portion of the program is still in the process of being finalized]. Enjoy an afternoon at leisure – enjoy further wine tasting (by bicycle or on horseback as well as by car), a visit to Le Quartier's sister winery Moreson and its restaurant, Bread and Wine, a tasting of locally produced chocolate (from the bean to the bar!), browsing the art galleries and shops of Franschhoek, or join an optional cooking class focused on indigenous ingredients. This evening, join the group for a final meal – a five-course tasting menu at The Tasting Room, one of the world's Top 50 Restaurants.

- *AM:* Le Quartier community engagement experience
- *PM:* At leisure
- *Dinner:* Five-course tasting menu at The Tasting Room

11 August 2012 (B)

After a final gourmet breakfast at Le Quartier, you will be met by your driver and transferred to Cape Town International Airport, where you will connect to your flight home.

- **GROUND TRANSFERS:**
 - Le Quarter Français – Cape Town International Airport

~~~ **END OF SERVICES** ~~~

### **INCLUDES**

- A personalized travel journal (one per couple)
- Twin accommodation (please let us know if you would prefer a double bed)
- Meals as specified in the itinerary, including tea at the Mount Nelson Hotel and a five-course tasting menu at The Tasting Room
- Soft drinks and local brand beers and wines at Singita - premium brands to own account
- Activities and tours as specified in the itinerary

- Volunteer experience tailored to your interests and abilities
- Two safari activities per day at Singita
- Park entrance fees in the Sabi Sand
- Seat on charter light aircraft transfer from Johannesburg to Singita
- Laundry and valet service at Singita
- Scheduled flight on SAA (Kruger Mpumalanga International Airport (MQP) to Cape Town International Airport (CPT))

**EXCLUDES**

- Travel insurance including emergency medical evacuation insurance
- All items of a personal nature
- Meals other than those specified
- Visa fees (please check your visa requirements)
- Additional transfers, sightseeing and excursions
- Gratuities (this is not compulsory - a guideline is guides US \$10.00 and general staff US \$5.00 per guest per day)